



LOUGHBOROUGH
SWIMMING

2024/2025 SELECTION CRITERIA

Training will commence on the **16th September** for all UK based athletes and our expectation is that everyone will be available to start on this date.

You will be asked to continue to train with your home club until the start of term, if unable to start on the 16th of September.

1. GENERAL CONDITIONS

Selection for the performance programme will be for student athletes enrolled on a BUCS eligible course with Loughborough University having achieved a **BRONZE** performance tier time [Section 5].

All selections are subject to available places in the programme and where necessary will be prioritised at the discretion of the Director of Swimming, in conjunction with the Coaching Staff.

Any remaining places in the programme, not filled by student athletes with a **BRONZE** performance tier time, can be allocated following the Loughborough Swimming Time Trials (short course) on Wednesday 2nd October 2024, from which performances will be ranked on World Aquatics Points.

All athletes must agree to and sign the Loughborough University Performer Athlete Agreement, which governs your engagement in the Swimming programme for the 2024/2025 season.

Returning athletes must have demonstrated that they have met the programme commitment and athlete management requirements outlined below:

- i) Make a full commitment to all aspects of Loughborough University Swimming.
- ii) Understand that being part of the team is a privilege and not a right.
- iii) Fully support and contribute to the positive ethos and image of Loughborough University Swimming.
- iv) Taking responsibility for your own athletic development and performance, academic commitments/deadlines and performance lifestyle.
- v) Always displaying a positive attitude, challenging yourself to operate outside your comfort zone, valuing excellence, being punctual and actively seeking and giving feedback.

Failure to meet any of the above may result in a swimmer being removed from their squad and/or asked to leave the programme.

Returning athletes should not automatically expect to be in the same squad as in previous seasons. The dynamic nature of Loughborough Swimming requires us to balance the groups each season in order to meet the aims of the programme.

There is no obligation for each squad to run at full capacity and similarly there may be exceptions made to the maximum squad numbers if doing so would enhance the daily training environment and/or contribute to achieving the overall aims of Loughborough University Swimming.

Achieving a performance tier time does not guarantee you a place in any specific squad. The Director of Swimming will allocate athletes to a squad/coach by the end of pre-season.

The Director of Swimming reserves the right to allocate "wildcard" places on the team to any athlete that falls outside the aforementioned criteria.

2. PARA SWIMMING

Loughborough University Swimming offers an integrated Para-Swimming provision led by Andy Wallace. Para-swimmers with a valid National/International Para-Swimming classification will be considered for a place on the team based on an assessment of individual needs.

Those who do not hold a valid National/International Para-Swimming classification will be invited to participate in the Time Trials in October and subsequently may be able to access sessions based on an assessment of individual athletic needs and development potential. Athletes requiring classification will be supported through this process.

All Para-Swimmers will then be expected to maintain an up to date classification status and medical records (as appropriate) at all times.

3. FULL-TIME ATHLETES

For athletes who have graduated from Loughborough University, there are a limited number of places in the programme for full time, high performing athletes. These athletes' work ethic, attitude and behaviours will have a positive influence on the team and their performances will advance the reputation of Loughborough University Swimming as a world class swimming programme.

To be considered, athletes should in the first instance speak with their squad coach and/or the Director of Swimming.

There will be a monthly training fee of £150 payable by direct debit (12 months per year).

4. ELITE ATHLETE ACCOMMODATION

We are able to secure a place in the purpose built Performance Athlete block of Claudia Parsons Halls of Residence to all incoming athletes who have:

- i) Been offered a place (conditional or unconditional) to study on an undergraduate course at Loughborough University commencing October 2024.
- ii) Achieved a **BRONZE** performance tier time by 9th April 2024.
- iii) Have made Loughborough their FIRM University of choice by 9th April 2024.

Additional places may be available in the Performance Athlete block for swimmers achieving the **BRONZE** performance tier time after this date but cannot be guaranteed.

5. CONSIDERATION TIMES

Female Bronze Performance Tier	Long Course Metres	Male/Open Bronze Performance Tier
26.53	50m Free	23.43
57.96	100m Free	52.52
2:06.64	200m Free	1:54.33
4:23.75	400m Free	4:05.53
9:00.89	800m Free	8:24.44
17:06.99	1500m Free	16:11.81
1:04.39	100m Back	57.84
2:18.26	200m Back	2:05.45
1:11.88	100m Breast	1:03.75
2:35.75	200m Breast	2:21.18
1:02.18	100m Fly	55.43
2:16.54	200m Fly	2:03.68
2:21.37	200m IM	2:07.78
4:57.18	400m IM	4:32.05

* All times to have been achieved in a licensed meet from 1st September 2023 to 13th August 2024.

* Times are Long Course Metres (no conversions).